

Color and Jin Shin Jyutsu

By Cynthia Broshi

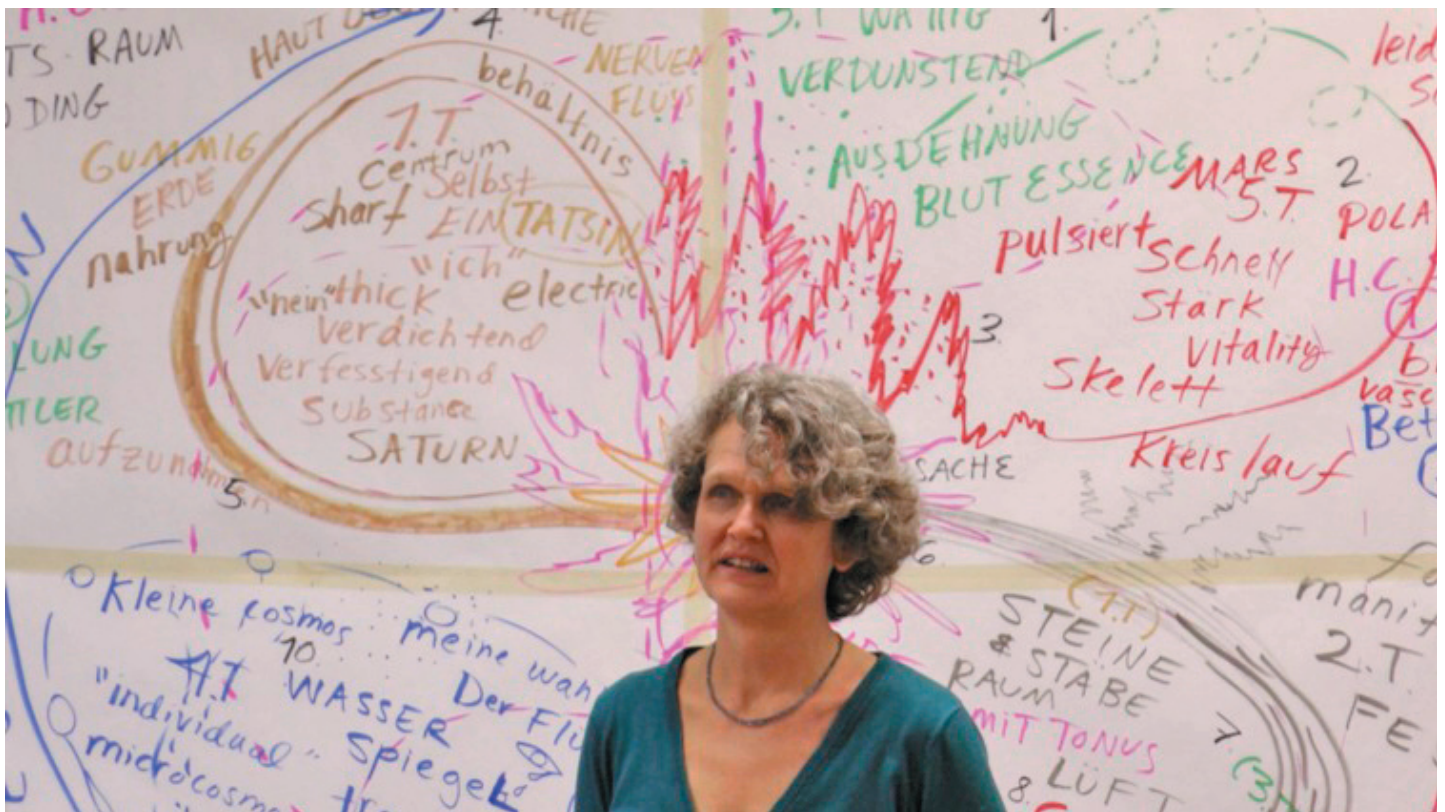
All photos are from Cynthia's home near Santa Fe, New Mexico unless otherwise noted.

I enjoy using color in my studies and presentations of Jin Shin Jyutsu. Like Number, Color is a language expressing basic states of Being, their actions and their relationships. Number is a trinary language, expressing relation within No-thing/Totality/BREATH (0) of Exhale and



Cynthia teaching in Buochs, Switzerland

Inhale (mathematically we'd write these as -1 and 1; in our art we understand them as 1 and 2). Color's language also is a Trinity: Red, Blue, Yellow. By exploring Text 1 and 2 through the lens of color, I can SEE relationships within the Blueprint (and, therefore, the body) that are challenging to understand by words alone. Correspondences of Depths, Organ Functions and Safety Energy Locks become visually apparent. "A picture is worth a thousand words."



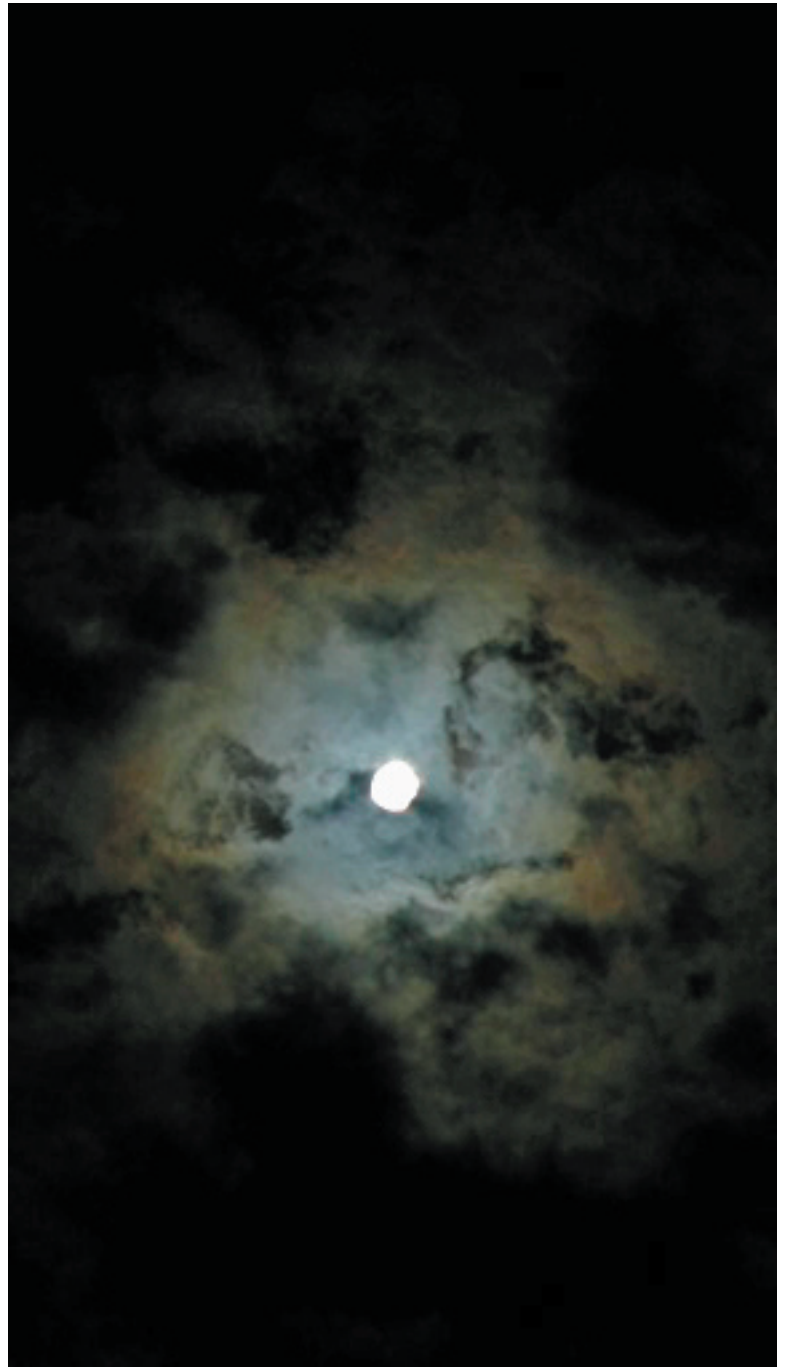
Sonja Müller translating in front of Cynthia's drawing of the 6-Pointed Star.

Buochs, Switzerland

Jin Shin Jyutsu is an Art of the beginningless Beginning. When Mary says, “I do nothing” and “SEE the project – into the nothingness it goes”, we realize that, in a very practical sense, this hands-on Art of harmonizing is a form of touching into the origins of both Universe and here, now *this* individual form at hand. **Doing** nothing, we are working with the limitless potential. We are jumper cabling at the veil, where Form emerges from and empties into Non-Form.

The mystery of 9th and 8th Depths underlies and permeates our Physio-Philosophy. NO-Thing and CAUSE, Space and “The Dot”, chaos and Creator.... We’re likely to draw these as “White” (9th Depth, the empty page) and “Black” (8th Depth, the condensation: Progenitor, Potency).

Complete absorption and radiation of Light, “Black” and “White” sign the primordial indivisible duality: NO-being/Being...the continual transformation (impermanence) of every form, cycling of “Life” and “Death”, the balance of Visible and Invisible. To our earthly eyes, white and black modulate all colors, hewing into depth and form (shape) the visual kaleidoscope of the material world.



Moon



Sun
(dark clouds bring fertile rains)

Both Black and White can be understood as holding an utter dearth and/or totality of Light (of energy). It depends on my perspective: am I the body that's absorbing all light (energy) or am I looking at it, seeing no light shining forth? Noticing my perspective gives me the opportunity to change my focus. Jin Shin Jyutsu is an Art of listening for/SEEing the Harmony. All projects are simply transformations within which energy (Source) has gathered. Those "dark" times, full of "problems", are events of critical mass, the cusp from which transformation leaps. Jumper cabling sparks Exhale and Inhale. Coming back into BEing Breath, Source circulates as the Universal Blueprint, manifesting Life in its abundant Totality.

"All I can BE is the spark for the Light that IS." – Mary

An American painter, Sam Francis, says “Color is light on fire”. One late afternoon, on a bridge over the lake glinting sun in Zurich, Brigitte Purner pointed out to me: color happens at the edge of forms, at their “skin surface”. Walk at dawn and you can observe forms rising from the dark into shape as their color tones emerge in the growing light... then bursting into vivid colors (when the air’s very clear they’re almost neon!) as the sun’s first rays illuminate our Earth.



The color we see with our eyes is a language of self-expression – of the Earthstar WE IS, pouring forth Light broken down (Regenerated) by the dense energy-mass of our bodies. The spectrum of light we assimilate is absorbed, not visible – it’s that portion of the spectrum we exhale that springs from and identifies the “individualized” form (moment) of source I AM – the sap or blue or olive green of a leaf; the ochre or red sienna or ash of soil; the honey-brown or charcoal, Scandinavian wheat or raven black of your lover’s hair. Look into your friend’s eye: it’s a carousel of color. While Number breeds vibration, generating form, Color is form’s reflection. It’s the song we give.

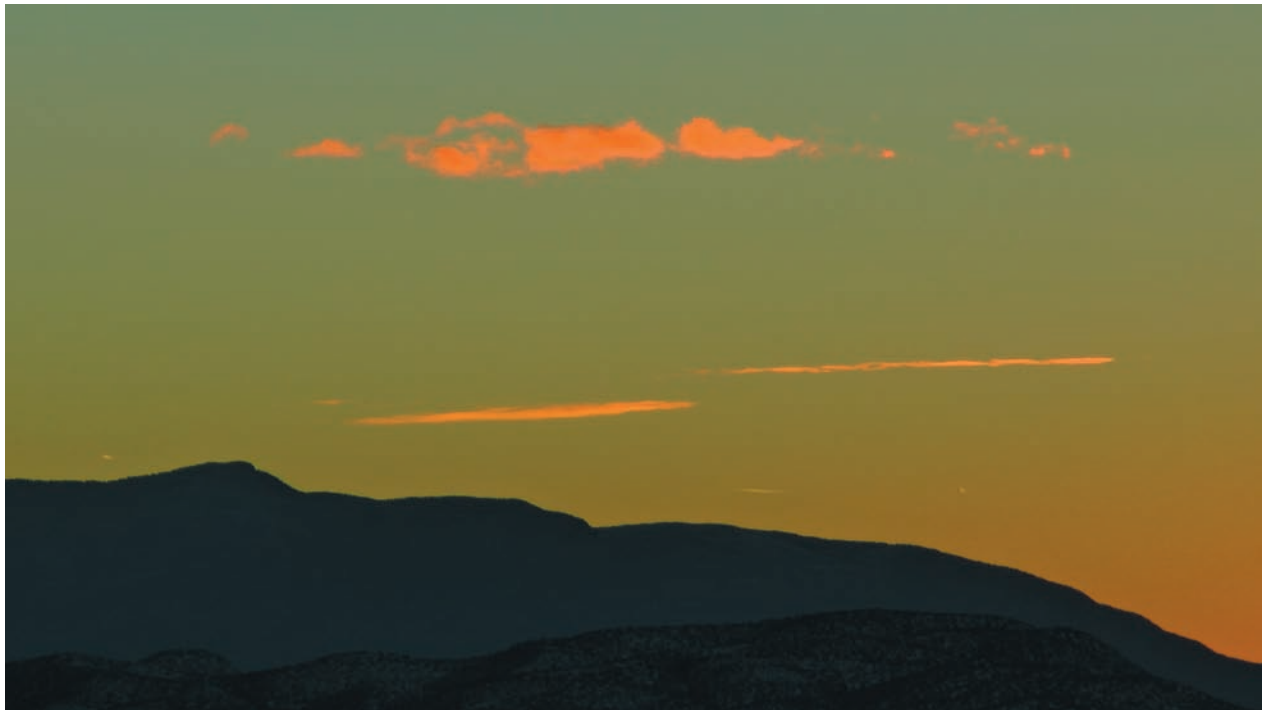


Magentas

When we speak of Colors (just as when we speak of Elements) at the frequency of the Universal Trinity, we are speaking of an invisible essence, a capacity-Intelligence. Mary gives the color of the **Main Central (SOURCE, FIRE)** as “**Red**”. I see this “Red” as the tone printers call “Magenta” – one of the three Primary Colors we blend (with Black and white) to formulate, on paper, something like the variance of color tones available to our eyes. (What we usually consider “Red”, like that of a fire engine, is a blending of magenta (FIRE, 6th Depth) with a touch of yellow (EARTH, 1st Depth); this I see as the color of the more earthly Fire, 5th Depth.



Mary gives the Supervisor's color as "**Blue**": the tone of our planet. Viewing our globe from outer space we see a succinct sphere (a "pea-like bubble") incubating Life, **Supervisor (AIR)** is the Womb: receiving, holding, nourishing Source; so building the body. Within Supervisor, Duality (differentiation) is born – Depths 1-5, 26 Safety Energy Locks – all speaking wisdom of CAUSE, each glowing their invisible frequency of Light (color). No wonder, when we feel "different" or disconnected in the duality of "me and you" we say we have the blues! SOURCE longs to KNOW itself....



Supervisor (AIR) fuels and regenerates (breaks down) the 6th Depth FIRE.

And no wonder the harmonies and rhythms of the Blues can get us swinging into our **Mediator**: the dance of Left and Right, blending of FIRE and AIR, attraction of Masculine and Feminine, waltzing of 1 and 2 to make 3. Diagonal Mediator is the slant of Universal Trinity into Activating (“Individualizing”) Trinity: the birthplace of Relationship. It is the frequency at which all vibration – Tone, Color, Thought, Emotion, Power, Force – comes into Being. Our “little s” source, its Bridge transforms SOURCE into vibrations (relationships, condensations) that, reflecting the Universal, can produce and nourish Form.



Celebration of marriage, Jaipur, India

Mediator is **WATER**, primordial home and primary stuff of living forms on our planet. As well, it is WIND – *motion-relation* – and manifests as WOOD: the breathing, growing amalgamation of fire, air, water and earth. Mary gives its color as that of life springing forth: “**Green**”. By this color I see that Mediator is an activity, a blending that bridges Heaven (Blue) and Earth (Yellow).



*Diagonal Mediator interweaves the elements, opening the door to Life
(Root of the planet's food chain, plants capture sunlight and transmute it to living form.)*



In Text 2 we get to know the **EARTH** of our Being: **“Individualized” Body Function Energy**. Mary gives its color as **“Yellow”**.



Here is the gold of the divine dream: manifestation. Here is where/how/when **SOURCE** denses sufficiently to contain itself, coalescing into a center, robed with a surface. As Brigitte observed, it is at the edge, at the “skin” of a Light-Form that color ignites: ebony, snow, amber, ruby, chocolate.





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12 Organ Function Energy reflects, so expresses (gives voice to) Trinity Energy by manifesting Place and Time. With feet in Matter, Spirit (BREATH) becomes a mortal, touchable, infinitely “individualized” tango and symphony of number, color, shape, voice and consciousness. Earth, inhaling and exhaling its living waters, transforms the heavens. Mary gives 12 Organ Function’s color as the Rainbow.



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